

INTRODUCTION



# The Allowance Conundrum

This Spring, Mydoh partnered with Ipsos to talk to hundreds of Canadian parents about their views on giving kids and teens an allowance. The results of that research have informed Mydoh's first-ever Canadian Allowance Report.

We know that an allowance can play a critical role in building financially healthy kids. As Accredited Financial Counsellor Jessica Moorhouse says, "a regular allowance can open up powerful conversations about money and give kids low-risk ways to build real-world experience with budgeting and money management."

While most parents believe an allowance is just as important as when they were kids, what the report reveals is parents are uncertain in how to approach allowance. Canadian parents can't agree on whether to give an allowance at all, whether withholding allowance is an effective punishment or even how much allowance to pay.





### That's where we come in.

Mydoh has partnered with Moorhouse to provide parents with clear, actionable advice around their allowance approach, informed by the results of our research. They're the "ABCs of Allowance," and you'll find them at the end of this report.

At Mydoh, we're committed to helping young people build the financial skills they need to thrive in the future and we believe that allowance can play a key role in helping them reach their potential. We want parents to feel empowered and educated about this important tool and we hope this report—and Moorhouse's advice—provides that support.

Happy reading,

Angelique de Montbrun, Chief Operating Officer and Chief Marketing Officer at Mydoh



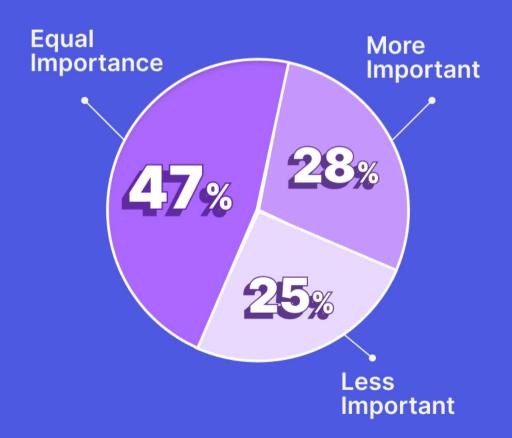
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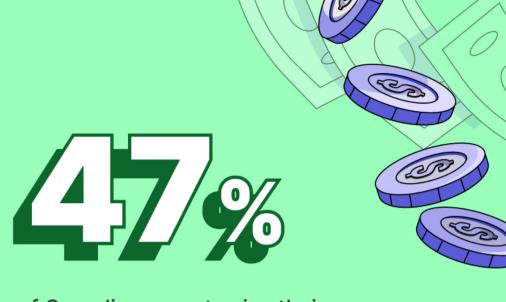


# **Key Findings**



of parents say providing an allowance is as important, if not more, compared to when they were children.





of Canadian parents give their kids an allowance, which means that for every Canadian family with an allowance routine, another family is opting out of allowance altogether.

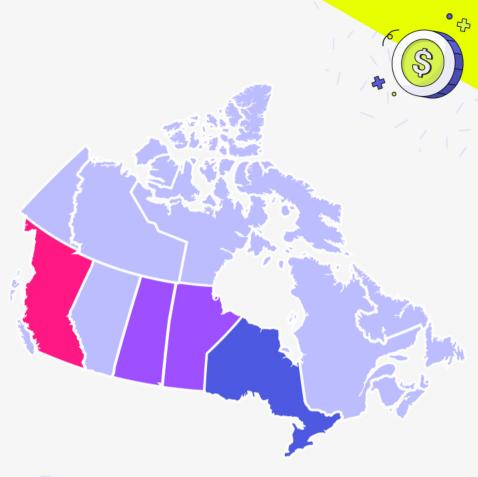
Canadian parents are evenly split on whether withholding allowance is an effective tool for discipline.











ON

Weekly allowance

**\$23.9** 

ВС

Start giving allowance at

10.8 y/o

ВС

Weekly allowance

\$17.80



Start giving allowance at

8.5 y/o

Annual difference of \$300+
compared to Ontario

B.C. parents pay their kids the least at an average of \$17.80 / week, while Ontario parents are the most generous at \$23.90 / week (an annual difference of more than \$300).

B.C. parents also wait the longest to start paying an allowance. On average, kids in that province start receiving an allowance when they're almost 11 years old. Parents in Manitoba and Saskatchewan, on the other hand, start offering allowance two years earlier at almost nine years of age.



# Allowance in Canada

Do you give your kids a regular allowance? Parents say...

**YES - 47**%

**NO-53**%





## Allowance in Canada

## How much & how soon



#### Alberta

How much?

\$22.30

How soon?

**10** y/o

#### **Atlantic Canada**

How much?

\$20.80

How soon?

**9** y/o

#### **British Columbia**

How much?

\$17.80

How soon?

10.8 y/o

#### Ontario

How much?

\$23.9

How soon?

9.6 y/o

#### Quebec

How much?

\$19.20

How soon?

9.9 y/o

### Saskatchewan & Manitoba

How much?

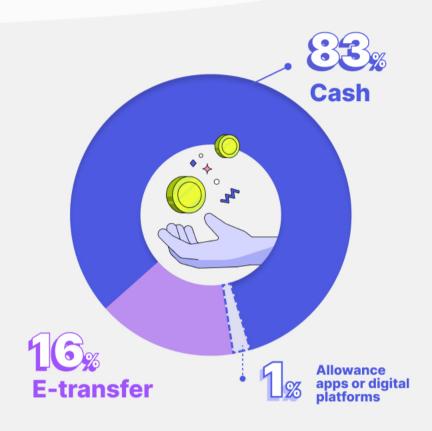
\$19.5

How soon?

8.5 y/o



# Payment Methods



**26**%

"I don't have cash on hand to pay the weekly allowance."

With Mydoh, you can skip the ATM.
Automate your kid's weekly
allowance in just a few taps.



## Allowance Barriers

# Why don't parents give their kids a regular allowance?

### **Necessity**

"I buy my kids what they need."



### Age

"I think my kids are too young to receive an allowance."

28%

#### Cost

"It's not in my family's budget"

**23**%

### **Value**

"I am afraid my kids will waste the money I give them."

12%

### Logistics

"It's too complicated and too much work to manage every week."

5%



# Allowance Barriers

## **Top Pain Points**



**22**%

"I am unsure if I am using allowance as an effective teaching tool."



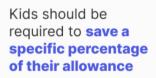
26%

"I don't have cash on hand to pay the weekly allowance."



## **Allowance POV**

# How likely are Canadian parents to agree that...



**78**%

Allowance should be directly **tied to household chores.** 

**72**%

Withholding allowance is an effective tool for discipline or punishment.

**50**%

Kids should be required to give a certain percentage of their allowance to a cause or charity.

32%

I often **forget to pay** my kids their allowance.

30%



# The ABCs of Allowance



"Allowance is a safe way to teach kids about financial independence."

Jessica Moorhouse

## A is for Autonomy

"Your child may impulsively spend a month's worth of allowance at the candy store, but it's a powerful opportunity to teach a lesson about saving." The more parents dictate what happens with their kids' allowance, the less kids have an opportunity for active learning.

According to financial expert and Accredited Financial Counsellor Jessica Moorhouse, experience is the best teacher. Although 78 per cent of parents say kids should be required to save a specific percentage of their allowance, Moorhouse cautions against parents making too many of the decisions around how allowance is used or spent.

**78**%

of parents say kids should be required to save a specific percentage of their allowance



# The ABCs of Allowance

## B is for Buy-In

"If a child has a choice and is actively involved with the terms of their allowance – even having the ability to opt-out if they want to – they're more likely to feel engaged, leading to positive associations with money in the long run."

Key decisions like how much and how often to give allowance should be made by each family based on their individual financial situation and their child's needs. Once those decisions are made, parents should ensure kids understand the rules and guidelines.

Moorhouse encourages families to think of allowance as an agreement, with kids having a say in how it works.

## 1 out of 4



said although their kids receive an allowance, there isn't a clear understanding of what kids are responsible for buying themselves. Will you still pay for a new pack of trading cards if your kids get an allowance? What about a cool new pair of running shoes? Make sure kids know what is and isn't expected of them financially and keep the conversation going, using open-ended questions to get kids to talk about their financial goals.



# The ABCs of Allowance

## C is for Consistency

Almost 40 per cent of parents who give their kids allowance say they forget to give allowance regularly.

"While missing a week of allowance may seem inconsequential to you, it could lead to confusion and cause long-term negative associations for kids," says Moorhouse.

Similarly, withholding allowance as a form of punishment is a financial no-no, says Moorhouse. Instead, parents can use allowance as a tool for teaching and learning about money management, budgeting and saving in a positive and supportive manner.

Automating the allowance process can help create simple, yet effective routines for parents and kids. In an increasingly cashless world, it's unsurprising that 26 per cent of parents say they often don't have the cash on hand to pay the week's allowance.

40%

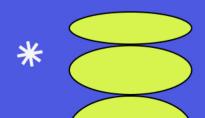
say they forget to give allowance regularly



### **The Fine Print**

These are some of the findings of an Ipsos poll conducted between April 5th to April 8th, 2024, on behalf of Mydoh. For this survey, a sample of n=700 parents ages 18+ with children ages 6 to 17 in Canada were collected. Quotas and weighting were employed to ensure that the sample's composition reflects that of the Canadian population according to census parameters. The precision of Ipsos online polls is measured using a credibility interval. In this case, the poll is accurate to within ± 4.2 percentage points, 19 times out of 20, had all Canadian parents aged 18+ with children ages 6 to 17 been polled. The credibility interval will be wider among subsets of the population. All sample surveys and polls may be subject to other sources of error, including, but not limited to, coverage error, and measurement error.

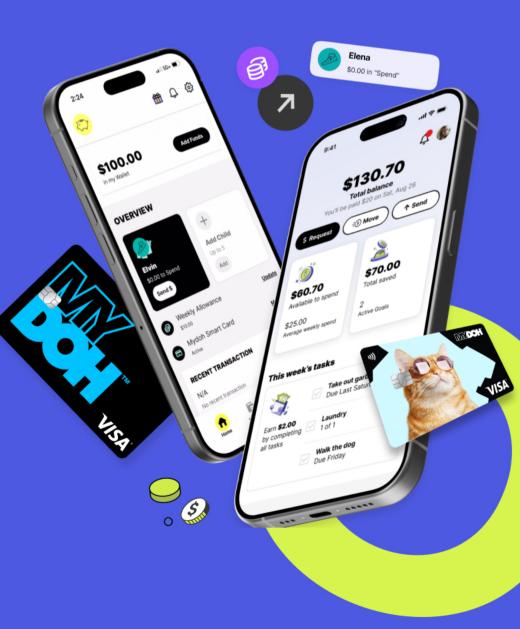
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# **Meet Mydoh**

Mydoh is the money management app designed to help parents help their kids learn money values and skills. It's simple, safe and secure - all with no monthly fees.





### **Automate Allowance**

Through the app, parents can automatically pay their kids a weekly allowance. Plus, with Mydoh Tasks, you can easily assign chores and get your kids involved.



# Kids Spend Smarter With The Mydoh Smart Cash Card

The Mydoh Smart Cash Card is a safe, secure way to spend. With this reloadable, prepaid VISA card, kids can only spend the money that's available on their card's balance - and all purchases are subject to allowable limits.



# Oversight For Parents

The Mydoh app gives parents complete oversight with instant notifications about their child's transactions, as well as a full transaction history. Plus, parents can lock or unlock the Smart Cash Card at any time from right within the app.

Visit mydoh.ca to learn more!

